



The American Academy of Psychotherapists

NC Triangle Chapter

invites you to join us for the

2018 Winter Salon

The Reconciliation of Opposites

A Meeting of Intimate Strangers

Sunday, January 28 12:00 PM - 5:00 PM

Carl Jung stated, “There is no consciousness without discrimination of opposites.” True integration of the Self comes from the union of opposites. The Yin and Yang demonstrates how forces that are seemingly opposite are actually complements and interdependent. We can only know the light by knowing the dark. The Tao de Ching says, “When people see things as beautiful, ugliness is created.

When people see things as good, evil is created.”

Since its founding in 1954 by pioneers such as Carl Rogers, Fritz Perls, Albert Ellis and Carl Whitaker, the American Academy of Psychotherapists has been committed to understanding and supporting the whole person of the psychotherapist. We are a multi-disciplinary group committed to the art and science of psychotherapy. We value the therapist-client relationship as fundamental to the psychotherapy process, and are committed to developing ourselves in relationship as authentic human beings. We see this as foundational to healing in therapeutic relationships.

Our mission is to invigorate the psychotherapist's quest for growth and excellence through authentic interpersonal engagement.

In anticipation of the AAP Southern Region Spring Conference of the same theme, join us in our exploration of opposites and reconciliation. We will start with a brief meet and greet potluck. A “fish bowl” demonstration of being in a process group will follow, facilitated by Jonathan Farber. We will then break into small experiential process groups led by Triangle AAP members. The afternoon will come to an end as we return together for a large group closing experience.

We invite you to bring a dish of finger foods for others to share. If you have attended an AAP event in the past and know of a local therapist who may be interested in AAP and attending this salon, please contact Catherine Clemmer at catherineclemmer@yahoo.com.

AAP NC Triangle Chapter Committee: Catherine Clemmer & Jonas Horwitz (NC Triangle Chapter Co-chairs), David Donlon, Jonathan Farber, & Lauren Gardner